

## Hair Growth Pattern; Front

For a full Chest and Stomach wax treatment - start from suprasternal notch (between the clavicles) to the nipples. Asking him to lift his chin\* will stretch the skin for you. \*See the PDF on "Managing Chest Hair" from the website.

Next, the central vertical section in the middle of the torso from the nipples to the belly-button.

Now you have a hair free groove to work out to the armpits from, and up to the shoulders. Some men do not have a natural break of hair growing between their chest and armpits. If this is the case use a spatula to fold back hair you want to keep and ask the customer to hold it for you.

Lastly work on the stomach and down to the waistline.

Always check that the customer feels warm enough in the room. For maximum comfort get the pressure hand down as quick as you can and press firmly for about 1½ seconds (count 'and - one - and' in your head).

For a densely furred customer who is sensitive and finds full chest hair removal very uncomfortable - get a clean fairly damp flannel to press on immediately after the strips are removed. It does take some practice - but can dramatically improve the experience for him.

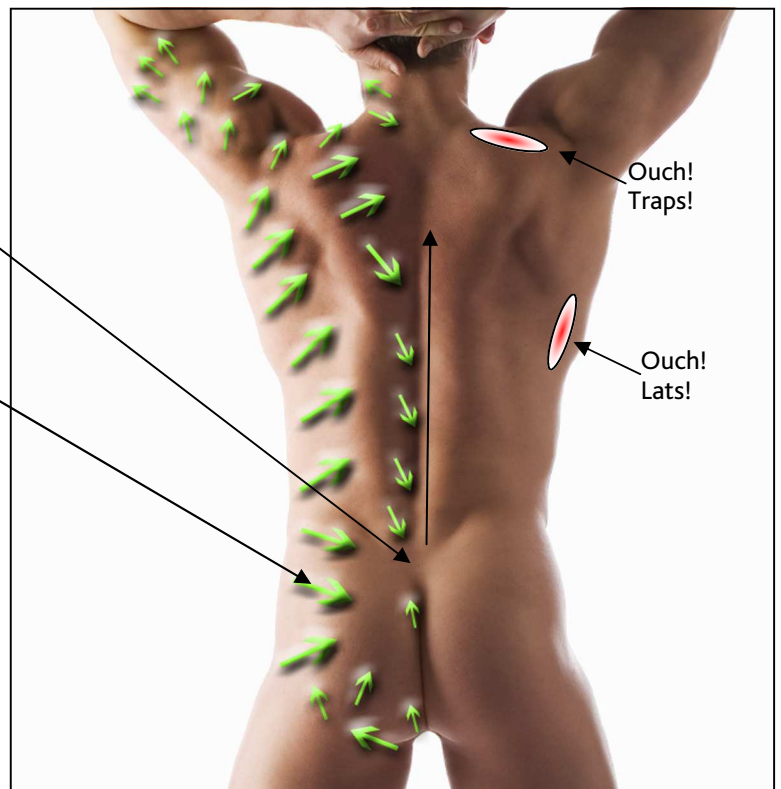
## Hair Growth Pattern; Rear

For a full (hairy) Back & Shoulders start from the bald patch above the small of the back working upwards to the neck. This only needs to be one strip wide and will give you a hair free starting area for the subsequent strips.

Next starting at the waistline work out to the sides up one side, across the shoulders, up to the neck then down the other side.

You'll need to sit him up to do the tops and front of his shoulders.

Pay special attention to the working over the lower half of his latissimus dorsi (lats) and across the middle of the trapezius (traps) as these are the most uncomfortable areas for most men.



Extracted from **MALE INTIMATE WAXING** - an E-LEARNING Resource

<http://TheBackAndBeyond.co.uk/learning>

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