

Managing Chest Hair

Many hirsute men who seek hair removal treatments for their backs do not want or cannot tolerate the discomfort of a full chest and stomach wax.

Therefore as part of their back and shoulder wax tidy the area around tops of the shoulders, the deltoids, above the clavicle and the suprasternal notch.

If there is hair all the way across the chest you will need to decide where to stop above the armpit. Begin with a line about 30° angle from vertical from the armpit to the clavicle (see yellow line below). This will usually equate to around the front of the deltoid muscle. You can always remove a little more.

Deltoid

Clavicle

Suprasternal Notch

Tips;

If this the first time the customer has had his chest and shoulder hair shaped - you can hold wax strips or spatulas over the area you are planning to work on. This will give him a visual indication of the hair you are planning to remove - as he may not have any idea as to what will suit him. Remember you can always take a little more off - but it will take weeks to grow back!

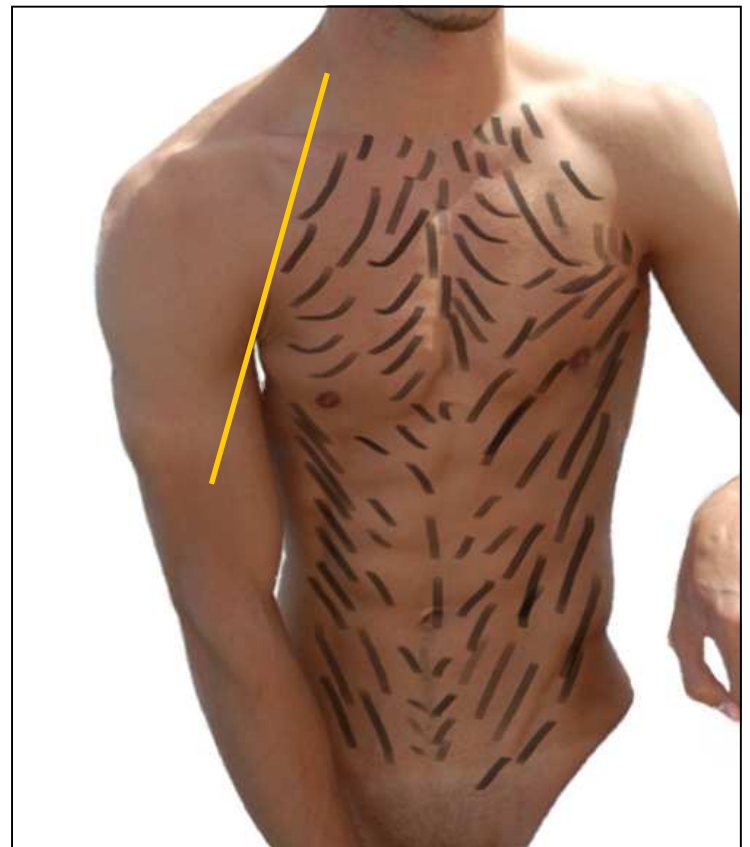
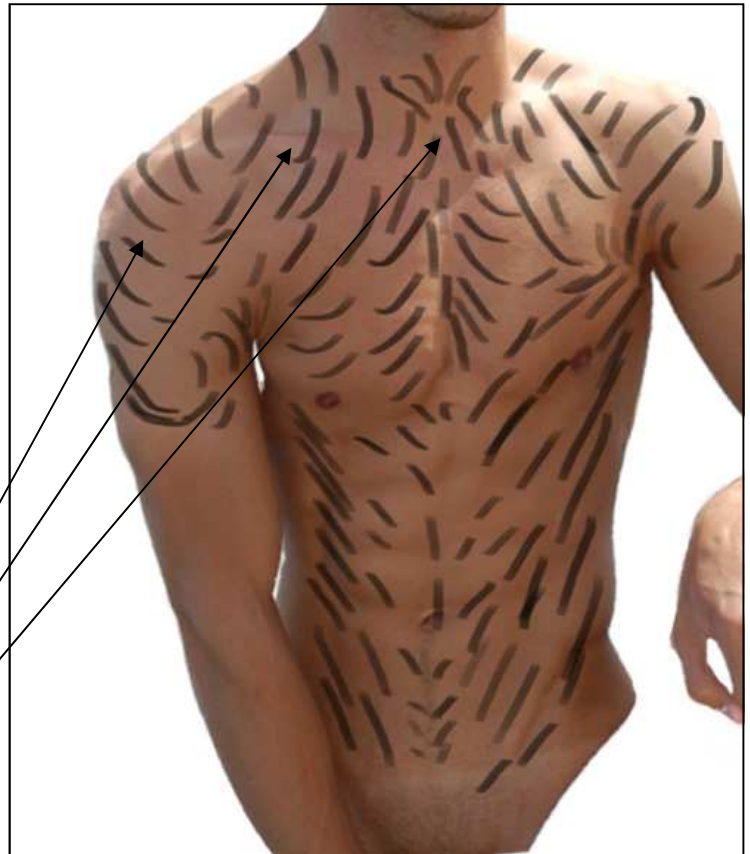
Always check that the customer is comfortable with you working around his neck. Some men feel very threatened if you put your hands on the front of their necks.

If there is hair running down the arm—use the blending technique to result in a more natural look - rather than a hard line between hairy and waxed skin. Clippers may help you if the hair you leave is the same length all the way down the arm.

When removing hair from the suprasternal notch get the customer to lift his chin and turn his head away from you as this will stretch the skin.

Always use a fresh waxing strip where precision is required (i.e. at the edge where you are leaving hair).

If the hair is long at the edge you are leaving - ask the customer to hold it out of the way with a spatula, else you risk removing hair you wanted to keep!



Extracted from **MALE INTIMATE WAXING** - an E-LEARNING Resource

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